

St. Anthony News

September
2010



St. Anthony Health Center 3700 Foss Road, St. Anthony MN 55421 (612)788-9673 Fax (612)788-0104

Celebrate September

Square Dancing Month

Stairs & Pairs Square Dancing

*Saturday, September 4th
2:30 pm 2S*

Sing Along and Music Trivia

with Peggy George

*Wednesday, September 8th and
Wednesday, September 22nd
7:15 pm SubAcute East*

Birthday Party

*Thursday, September 9th
Chandler Place Dining Room*

Let's Go Fishing Outing

Wednesday, September 15th

Ice Cream Cone Fundraiser

*Friday, September 17th
1:30-3:30 Front Lobby*

Red Hat Society Meeting

*Tuesday, September 28th
2:00 pm Chandler Place*

Veterans Club

*Thursday, September 25th
1:45 Chandler Place Dining*

Aamodt's Apple Orchard Outing

Wednesday, Sept 30th

Marcia's Monthly Musings

By Executive Director, Marcia Lindig

There is an important event and date that you should be aware of. The Federal government has developed a new assessment process called MDS 3.0 which will begin October 1st. This new assessment will bring significant changes to the way long term care providers operate on a daily basis. The changes have been established to promote the highest quality of care. How this affects you as residents and families is simple. You will notice that there will be a significant focus on "The Resident's Voice". This means that more clinical data will be measured from resident interviews, which is a fairly new concept in information gathering. The staff will be conducting several interviews throughout the resident's stay at the facility to obtain such information as mood, pain, cognition, and preferences with the resident's perspective being top priority. These interviews will assist the team to best meet the needs of each resident.

If you have any questions about this new interviewing process, feel free to contact me or Maggie Green the Director of Nursing.

Chaplain's Corner

By Steve Arnold, Campus Chaplain



I am having a wonderful time getting to know the residents of St. Anthony and Chandler Place. I continue to celebrate the love and the friendliness that is most evident.

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The month of September carries special meaning for many faith groups around the world:

Islam observes Ramadan during August and September. Ramadan is a time for inner reflection, devotion to God, and self-control. During Ramadan, the Islamic community observes fasting from sunrise to sunset. Eid al-Fitr, end of Ramadan, takes place this year between September 9 and September 11.

The Jewish community observes Yom Kippur. Yom Kippur means Day of Atonement and is the day in which sins against God are atoned. This year Yom Kippur is observed from Friday, September 17 through sundown on Saturday, September 18.

The Christian Church observes the Feast of the Holy Cross. This Feast has been observed since Helena, the mother of Constantine, began to build churches on holy sites. On September 14, 335 A.D, the Church of the Holy Sepulchre, built on the site of the crucifixion, was dedicated. September 14 has since become a day for recognizing the Cross as a symbol of triumph, as a sign of Christ's victory over death, and a reminder of His promise, "And when I am lifted up, I will draw all people unto me." (John 12:32)

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On a different note, we welcome Linda Warner as our new Chaplain Intern. Linda is a graduate of United Theological Seminary and is currently completing a unit of Clinical Pastoral Education through the City of Lakes Consortium. Over the next weeks I hope you have a chance to become acquainted with her.

In Remembrance...



Our Deepest Sympathies go out to the families of...

*Bertha Stellmacher
Harold Lendt
Ruth Clark
Dorthea Nelson
Jenette Hakala
George Minkel
Agnes Sienko
Ona Martinson
Roman Rossa
John Torvik
Michael Bien
Mary Bijoch
Wanda Stanley*

A special Memorial Service will be held Sunday, October 24th 2:00 pm in the Chandler Place Dining Room.

We welcome family members to Family Council!

This is an opportunity for family members to meet with administration and other family members to share information, ask questions, and discuss issues that are important to you while your loved ones are here.

-September meeting has been cancelled.

-The next meeting will be held on Thursday, October 14th, 10:30 am in the community room (this is the room located off the front lobby).

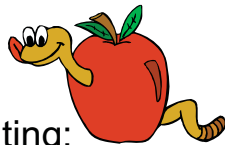
Life Enrichment Update

Our first Red Hat Meeting was a success! The ladies designed their own Red Hats that they can wear at each monthly meeting. Refreshments and dessert were served and conversation was flowing. The next Red Hat meeting has been moved to Tuesday, September 28th 2:00 pm in Chandler Place dining room and will conclude on the 2nd Tuesday of each month to follow. October Red Hat meeting will be held Tuesday, October 12th 2:00 in Chandler Place dining room.



Let's Go Fishing

A fun and adventurous outing Wednesday, Sept 15th! We are departing the facility at 10:45 and returning by 3:30. We are fishing on a pontoon boat on White Bear Lake with the Let's Go Fishing Program. All fishing equipment and guides are provided.



Aamodts Apple Orchard Outing: Thursday, September 30th. We are departing at 1:00 pm and returning at 4:30 pm.

**Please note that space is limited for outings, life enrichment coordinators are asking residents for outing preferences.
** All Outings are weather permitting**
Please contact Melissa Williams, Director of Life Enrichment at 612-913-5318 with any questions regarding outings or our activity programs!

September Birthdays

If you were born from August 23-September 22, you are a Virgo, the virgin. If you were born from September 23-October 22, you are a Libra, the scales. Virgos are modest, intelligent, reliable, practical, and able to clearly analyze the most complex of problems. Libras, like balanced scales, are harmonious, impartial, and understanding. They dislike conflict and encourage compromise and cooperation.

Celebrate our September Birthdays!

Amy Matsumoto 9/1

Ilmi Dirke 9/1

Steven Willert 09/04

Hazel Johnson 09/06

Ardis Endthoff 09/09

Jack Canfield 09/12

Gary Sherbrooke 09/12

Naomi Gruhlke 09/17

Ann Gromek 09/21

Beverly Nelson 09/21

Irene Zieglemeyer 09/22

Florence Haasl 09/30

Join us for a Birthday Party!

Thursday, Sept 9th 2:00 pm in the Chandler Place Dining Room. Live entertainment by Dean Grecker, Birthday cake and refreshments!

Events to look forward to:

Halloween Party Friday, October 29th 7:00 to 8:00 pm in Chandler Place dining room. Families and friends of all ages are encouraged to dress up and join us for a fun evening of costumes, treats, entertainment, and prizes. Great fun for children and residents! We hope to see you there!

St. Anthony Health Center Directory

Executive Director	Marcia Lindig	612-913-5304 mlindig@thegoodmangroup.com
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